

Foods Tested | Food Group

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Grains

- Barley
- Corn (Maize)
- Gliadin (Gluten)
- Oat
- Rice
- Rye
- Wheat

Dairy

- Cows Milk

Meats

- Beef
- Chicken
- Duck
- Lamb
- Pork
- Turkey

Fish

- Crustacean Mix (Crab, Lobster, Prawn/Shrimp)
- Mollusc Mix (Mussel, Oyster & Scallop)
- Oily Fish Mix (Herring & Mackerel)
- Plaice & Sole
- Salmon & Trout
- Tuna
- White Fish Mix (Cod & Haddock)

Vegetables

- Asparagus
- Avocado
- Carrot
- Celery
- Cucumber
- Haricot Bean
- Kidney Bean
- Lentils
- Lettuce
- Mushroom
- Mustard Mix (Broccoli, Brussel Sprouts, Cabbage & Cauliflower)
- Onion
- Pea
- Peppers (Capsicum) & Paprika
- Potato
- Soya Bean
- Spinach
- String Bean

Fruits

- Apple
- Apricot
- Banana
- Blackberry
- Blackcurrant
- Grape
- Kiwi
- Lemon
- Lime
- Melon Mix (Watermelon, Honeydew & Cantaloupe)
- Olive
- Orange
- Peach
- Pear
- Pineapple
- Plum
- Raspberry
- Strawberry
- Tomato

Nuts

- Almond
- Brazil Nut
- Cashew Nut
- Coconut
- Hazelnut
- Peanut
- Walnut

Spices/Herbs

- Chilli Pepper
- Garlic
- Ginger
- Herb Mix (Coriander, Cumin & Dill)
- Mint Mix (Mint, Sage, Basil & Thyme)
- Parsley
- Sesame Seed
- Vanilla

Others

- Cocoa Bean
- Coffee
- Egg White
- Egg Yolk
- Hops
- Sunflower Seed
- Tea
- Yeast (Brewers & Bakers)

